

## Help and support available during the Coronavirus

### Local Support

Are you, or someone you know self-isolating and in need of help with your shopping, collecting a prescription or maybe just a chat? Then please call:

Holcombe:	Vickie Watts, Parish Clerk	07971 516916 / 01749 880428
Coleford:	Andy Conn, Parish Councillor	01373 812481 / 07973 250856
	Vickie Watts, Parish Clerk	07971 516916 / 01749 880428
	Nick Harding, Parish Councillor	07921 885362 / 01373 812652

### Local Foodbank

This is available to both Holcombe and Coleford residents. All requests will be dealt with discreetly. Please contact Amanda on 07488 258257 or email [ajryoung61@gmail.com](mailto:ajryoung61@gmail.com) for further information.

### Dagaroo Local Food delivery

Home cooked meals delivered daily. Latest menu can be viewed on Facebook where orders can be placed or call 07515 636501. Discounted rates available to those experiencing hardship or that are vulnerable.

### Somerset County Council

For a range of help and support, the NHS, charities and other organisations using the **Somerset County Council** website <https://www.somerset.gov.uk/coronavirus/> There is also now a dedicated Coronavirus helpline **0300 790 6275** which is available from 8am to 6pm every day including weekends

If you have a health related question, please visit the NHS website for the latest information on how to protect yourself or get medical help. <https://www.nhs.uk/conditions/coronavirus-covid-19/>

### Emergency Contacts

Housing	Mendip District Council 0300 3030 8588
	Shelter 0808 800 4444
Employment:	ACA 0300 123 1100
Domestic Abuse & Violence	SIDAS 0800 6949 999

### Emotional health and wellbeing

Do you need to speak to someone? Phone **Somerset Mindline on 01823 276792** Or visit <https://www.somerset.gov.uk/coronavirus/covid-19-%20mental-health-information/> for advice. Available 7 days a week.

**Gingerbread Single Parent Helpline** on **0808 802 0925** provides support and expert advice. Friendly advisers will talk through your options and send useful information. Your call is free and confidential. Open Mondays: 10am to 6pm; Tuesdays/Thursdays/Fridays: 10am to 4pm; Wednesdays: 10am-1pm and 5pm-7pm. Closed on all public holidays.

### Business

Heart of SW Growth Hub ([www.heartofswgrowthhub.co.uk](http://www.heartofswgrowthhub.co.uk)) is the main source of advice and guidance. email [info@heartofswgrowthhub.co.uk](mailto:info@heartofswgrowthhub.co.uk) or phone 03456 047047 to register for updates. Full information also available on [www.gov.uk](http://www.gov.uk)

Self-Employed: Support for the Self-employed was announced on 26 March details here: <https://www.businesssupport.gov.uk/self-employment-income-support-scheme/>  
Other advice from 'Heart of SW Growth Hub' on 0300 456 3565

## Local Suppliers who will deliver to Holcombe or Coleford:

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### **P & I Stores/Londis, Stoke St Michael**

Delivery is free to most local areas. Stoke St Michael Stores and Newsagent is open and well-stocked. Also deliver vegetable and fruit boxes.

Payments can be added to an existing account, pay over the phone or by bank transfer if necessary. Order by phone 01749 840 628 or via their Facebook page or email [masseys-news@hotmail.co.uk](mailto:masseys-news@hotmail.co.uk).

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### **West Country Street Eat, Coleford**

Fruit and vegetable boxes - Payment can be made by Cash, Cards if we have a 4g signal, Bank transfer details on request. Order by phone 07845 943760 or via Facebook Monday-Friday & FREE delivery: Stoke St Michael, Coleford, Holcombe, Leigh on Mendip.

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### **Duke of Cumberland, Holcombe**

Offering delivery of some essential supplies in the local area including Bread, dairy, eggs, meat, vegetables and store cupboard essentials. Order and pay by 4pm for next day delivery. Order online <https://www.thedukeholcombe.co.uk/corona-virus-deliveries> or call 01761 233731

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### **Little Jack Horners Ltd, Vobster**

Supplying fresh fruit and veg boxes, fresh bread and hot cross buns from Taylor's of Bruton bakers. Full range of good curries from Bini Ludlow's vegan/veggie/local free-range chicken and lamb plus their very own award-winning sausage rolls. Open Monday to Friday 9am-5pm  
Order via Facebook @littlejackhorners or call 01373 812744. [www.ljhorners.com](http://www.ljhorners.com)

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### **Holcombe Inn, Holcombe**

Community shop offering fresh bread, dairy, snacks, homemade, delicious and frozen ready meals, wine, beer and cider. To place order call 01761 232478, payment by card over the phone & collect the next day

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### **Freckles and Boo Farm Shop, Binegar**

Supplying fresh meat, dairy, bread, fruit, veg and wine. To order place call 07506 363929 or email [theteam@frecklesandboo.co.uk](mailto:theteam@frecklesandboo.co.uk) open 10am until 2pm every day. Offering free delivery within 5-mile radius to the elderly, vulnerable and NHS workers.

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### **Jon Thorners of Somerset**

Specialising in the finest, local meat and poultry, homemade range and stock products from many local food & drink suppliers. Order before midday for delivery two days later.

Call 01749 830138, [info@jonthorners.co.uk](mailto:info@jonthorners.co.uk) or online using <http://www.jonthorners.co.uk>

## Supermarket Information

### **Sainsburys Supermarket, Frome, Tel: 01373 453554**

Open Daily	0800-2000, Sundays 10:00-16:00.
NHS ID holders have priority	Monday to Saturday 07:30 - 08:00.
Elderly, carers and disabled have priority	Monday, Wednesday & Friday 08:00 - 09:00.
<b>Petrol Station</b> Tel: 01373 467560	Daily 05:30-23:00, Sundays 08:00-21:00
<b>Lloyds Pharmacy</b> Tel: 01373 461781	08:00-20:00, Sunday 10:00-16:00

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### **Tesco Supermarket, Shepton Mallet, Tel: 0345 671 9389**

Open Daily	07:00-22:00; Sunday 10:00-16:00
Elderly and vulnerable priority	Monday, Wednesday & Friday 09:00-10:00
NHS workers priority	Sun 09:00-10:00; Tues and Thurs 09:00-10:00
<b>Petrol Station</b> Tel: 01373 467560	Open 06:00-22:00; Sunday 07:00-21:00
<b>Click &amp; Collect</b> Tel: 0800 323 4040	Open 08:00-20:00, Sunday 10:00-16:00